Transracial Adoption Blogs & Websites

Many transracial families document their adoption and parenting journeys through personal blogs and websites. These blogs offer honest, detailed, first-person accounts of transracial adoption and can be a wonderful way for adoptive families and those considering adoption to learn more about the joys and challenges of adopting transracially.

- The Adopted Life: Angela Tucker is a nationally-recognized thought leader on transracial adoption and an advocate for adoptee rights. In 2013, Angela's own story of adoption and search for her birth parents was featured in the documentary "Closure."
- Rage Against the Minivan: Kristen is the mom of four children, biological and adoptive (foster care and international), all within four years of age. She has been blogging at Rage Against the Minivan since 2006.
- <u>Jen Hatmaker</u>: Jen Hatmaker is a New York Times bestselling author, blogger, speaker and podcast host who is a mom by birth and international adoption.
- White Sugar Brown Sugar: Rachel is a four-time adoptive mom, book author, freelance writer and speaker. All of her family's adoptions are domestic, transracial and open.
- My Real Kid: Allie Ferguson is a white adoptive mother to an African-American son named Miles. She started her blog in 2013 when she and her husband started the adoption process.
- <u>The Full Plate</u>: Full Plate Mom (FPM) is mom to 11 kids through private domestic (transracial) adoption and international adoption.
- <u>Foster Moms</u>: Two moms who adopted a sibling group through foster care blog about transracial adoption, foster care, LGBT parenting and much more.
- <u>Natalie Brenner Writes</u>: Natalie is a mom to virtual twins not quite five months apart, one through transracial adoption.
- <u>Confessions of an Adoptive Parent</u>: Mike and Kristen Berry are the parents
 of eight children, all of whom were adopted. They are also speakers,
 podcasts hosts and authors of "<u>The Adoptive Parent Toolbox</u>."

Books about Transracial Adoption

Many new parents stock their bookshelves with resources about what to expect when they bring their child home. Here are a few to add to your collection if you are adopting a child of another race:

- Chocolate Hair Vanilla Care
- A Parent's Guide to Natural Hair Care for Girls
- In Their Voices: Black Americans on Transracial Adoption
- In Their Own Voices: Transracial Adoptees Tell Their Stories
- Come Rain or Come Shine: A White Parent's Guide to Adopting and Parenting Black Children
- Outsiders Within: Writing on Transracial Adoption
 Edited by Jane Jeong Trenka, Julia Chinyere Oparah, and Sun Yung Shin
- The Harris Narratives: An Introspective Study of a Transracial Adoptee

If you are adopting transracially, it's also important to equip your child with plenty of books that celebrate diversity and adoption. These <u>children's books on adoption</u> can help normalize your child's adoption story from the start. You can also find more books for <u>transracial adoptive parents</u> and <u>transracially adopted</u> children here.

Movies about Transracial Adoption

- 1. Girl, Adopted (2013)
- 2. Closure (2013)2.
- 3. American Promise (2013)
- 4. Off and Running (2010)

Transracial Adoption Facebook Groups

There are many online groups for families of transracial adoption. These online forums and support groups can help you connect with other transracial adoptive families, share your personal experiences and participate in discussions about adoption and race. Here are a few commonly recommended Facebook groups to get started:

- Not Just Hair: The Intersection of Hair/Skincare and Transracial Adoption
- {Joy Filled} Prospective Transracial Families
- {Joy Filled} Transracial Families

Before joining a social media group, however, note that <u>not all online forums and discussions are well-monitored</u>. Anyone — even those who aren't very educated about adoption or have inaccurate information — can jump in and comment, so keep that in mind.

Information for Non-White Parents Adopting Transracially

Most discussions about transracial adoption focus on white parents adopting African American, Hispanic, Asian or biracial children. But transracial adoption refers to any adoption in which parents of one race adopt a child of another — and not all transracial adoptive parents are white.

However, for non-white adoptive parents, resources on transracial adoption can be more difficult to come by. While many of the other resources on this list will be useful for families of any racial or cultural background, here are a few additional articles and resources offering insight for non-white parents:

- Adoptive Families Magazine
- NPR
- Newsweek
- Creating a Family
- Black Families Adopting White Children

Other Resources for Transracial Families

As transracial adoption becomes more common, the number of tools and resources available to transracial adoptive parents and adoptees continues to grow. Here are a few more trusted sources for transracial adoption information and support:

- Child Welfare Information Gateway
- Adoptive Families Magazine
- North American Council on Adoptable Children

Your adoption specialist is another resource who is always available to answer your questions, offer support and provide additional recommendations. Get in touch now by calling 1-800-ADOPTION, or learn more about transracial adoption with our agency by requesting free information online.

Sources:

- https://www.americanadoptions.com/blog/25-helpful-resources-for-transracial-adoptive-families/
- https://time.com/the-realities-of-raising-a-kid-of-a-different-race/